

Akashic Records and Soul Alignment Healing



created by

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Welcome

Welcome! I'm thrilled you're here and eager to explore the transformative experience of Akashic and soul alignment healing with me.

In this ebook, I'll guide you through the profound benefits of Akashic healing.

My journey with Akashic healing has profoundly impacted my life and my family. It has opened me up to deeper insights within myself and supported me through life's challenges by helping me understand my place in this world. One of the most transformative gifts I've received is the activation of my intuitive abilities, allowing me to realign with my true self from a place of love and compassion, both for myself and for others. This process has enabled me to be more present and to cultivate a deeper understanding, healing, and growth, which has enriched the overall well-being of my family and me. Witnessing the transformative effects of this healing on my husband and children has inspired me to share this gift with others and to help transform lives.

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With love and blessings

Claire Linturn

- What is the Akashic Records?
- How the Akashic Records can benefit you?
- Who it is for?
- How do I work?
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What are the Akashic Records?

The Akashic Records are often described as a vast universal, energetic archive that contains the history, experiences, emotions, words and even intentions of every soul that has ever lived.

Akasha in Sanskrit word loosely translated means 'either' or 'sky' signifying a deeper knowing of being and who you are where all universal knowledge is stored. I like to refer to the records as a metaphorically "library" or "database" of the soul, housing all information across time, space, and dimensions.

'It's like the energetic connective tissue from the soul to the source and helps to move into the deeper emotion of the heart and not just the thought' - Linda Howes Spiritual Counsellor

"Be so happy that, when you shine, other people look at you, and they shine too"

How can Akashic healing can help with healing?

The Akashic Records contain insights into our current life challenges, karmic patterns, and unresolved issues carried over from past lives or ancestral lines. Accessing them can offer a powerful tool for healing, growth, and spiritual evolution to help release ancestral karmic challenges and clear family karmic blocks for generations in several key ways:

Identifying Core Wounds and Patterns: Reveal the roots of recurring patterns and challenges, even across lifetimes, helping us understand and heal these issues more effectively.

Healing Past-Life and Ancestral Trauma: Struggles, fears, or blockages often stem from ancestral or past-life traumas. Exploring the Akashic Records can reveal these influences, helping us heal subconscious wounds.

Releasing Karmic Ties and Energy Blocks: Reveal karmic ties from past lives, helping us understand, release, and transform challenging relationships, clearing energetic blocks for greater emotional freedom.

Aligning with Purpose and Authenticity: reveal our soul's purpose, strengths, and shadows, helping us align with a fulfilling, harmonious life and fostering healing through clarity and self-worth.

The Akashic Records' frequency of unconditional love provides a safe space for exploring deep wounds, helping us release shame and self-criticism while fostering forgiveness and compassion.

Who is it for?

An Akashic Record reading can be beneficial for anyone seeking deeper understanding, insight, and healing in various areas of life. Here are some types of individuals who might especially benefit from an Akashic reading:

Clarity on Life Purpose or Direction

Those who feel uncertain about their career path, relationships, or general life direction can gain clarity on their soul's purpose and unique gifts.

Emotional or Psychological Healing

People struggling with recurring emotional issues, trauma, or ingrained negative patterns can gain insight into the roots of these issues.

Relationship Challenges

Akashic readings can shed light on relationship dynamics, particularly those that are difficult or have repeated patterns. This is useful for people facing family conflicts, complicated romantic relationships, or friendships with unresolved issues. A reading might reveal karmic connections or soul contracts, helping one to understand, forgive, or redefine the relationship with greater compassion and freedom.

Spiritual Growth or Enlightenment

If someone is on a spiritual path and feels a desire to connect with their higher self, explore their spiritual origins, or deepen their connection to the universe, an Akashic reading can be invaluable. Insights from the records can assist in understanding one's spiritual gifts and unique contributions to the collective.

Life Transitions

Who is it for?

During times of major change—such as career shifts, relocations, divorce, or the loss of a loved one—an Akashic reading can offer guidance, clarity, and comfort

Feel “Stuck” or Blocked in Some Area of Life

Akashic readings can help identify and release limiting beliefs or patterns that may be blocking personal growth. This can encourage individuals to step into new phases of life with renewed courage and openness.

Heal Ancestral Patterns or Karmic Ties

If someone has an interest in healing generational trauma or understanding recurring patterns within their family, the Akashic Records can be especially helpful. They can provide insight into how family and ancestral patterns may influence one’s life, relationships, and behavior, as well as guidance on how to release these influences and create healthier, more empowering patterns moving forward.

Guidance on Health or Well-being

Some turn to the Akashic Records for insights on physical or emotional health challenges, especially if they feel that traditional methods haven’t provided answers. An Akashic reading might highlight energetic imbalances, underlying emotional issues, or past-life influences contributing to health concerns, which can then inform a holistic healing approach.

Empowering Their Decision-Making

If someone is faced with a major decision and feels uncertain, an Akashic reading can provide perspective on how each choice might align with their soul’s purpose.

How do I work with you?

Opening the records is a sacred experience and I facilitate a space of unconditional acceptance and nurturing support for the journey.

I open this sacred space for those who are open to approaching the reading with trust, love and acceptance as your intent is extremely powerful and therefore it is important you are receptive and committed and willing to take responsibility and ownership of the healing process.

The readings I provide are in depth and can take up to 90 minutes to 2 hours. Once I have all the information required I present the findings in a 1hr 15 minute on line or in person healing session. My process is structured into four stages, as outlined below:

Stage 1 - To initiate your reading your current name, name at birth, date of birth, place of birth and time of birth.

Stage 2 - 90/120 min in depth reading studying your records. I do this remotely after you have granted permission to access your records.

Stage 3 - Schedule a 1hr 15 min online or in person healing session to discuss the findings and initiate the healing process.

Stage 4 - It's over to you. I provide an integration blessing for you to activate for 21 days to continue the process of healing.

How do I work with you?

The healing process within the records is delivered in two parts. The first part provides you with your energetic souls blueprint identifying your souls qualities, gifts, specialisations and the characteristics of your specific incarnation here in this lifetime. Understanding your divine gifts will help you make better choices, enable you to navigate life challenges with deeper understanding, therefore aligning you to highest true self and allowing for more abundance to flow to you.

The second part I review your energy systems, also known as chakras, to reveal what blocks, restrictions and programmes are running in your life disempowering you and as a consequence you maybe experience lack in your life. I dig deep into your energy system to find and clear any ancestral, current life or generation contracts or vows that are holding you back. Working within the records your guides will only reveal to me what you are ready to heal at that moment in time

Its a profound process channelling the wisdom embedded within the records offering divine clarity, understanding, spiritual growth. Its not predicting a fixed future but empowering you to release blockages and make choices aligned with your souls evolution and requires reverence, compassion and an open heart.

Please note: I do not work with questions asked within the records for future prediction as I don't not believe in this, however I do have a modality that allows you to connect to your higher-self and give you a vision of possibility within a future version of yourself. This is divinely guided by your innate wisdom while i facilitate and hold space for you. (available on request)

What happens after 21 days?

You will integrate what you've learned and cleared during the session, and many clients enjoy continuing to activate the healing blessing. Some may have questions they wish to explore with the Records after experiencing a reading. I offer tailored 45-minute readings to address specific inquiries, such as:

- How can I best serve at this moment?
- What am I being called to create in my business right now?

You may also want to address particular blocks related to spiritual growth, health, decision-making, or recurring karmic patterns in relationships, careers, family, and more.

Working with Families

By working with the Akashic Records and focusing on soul alignment, families can cultivate deeper understanding, healing, and growth, ultimately enhancing the overall well-being of both parents and children.

Working with the Akashic Records and focusing on soul alignment can significantly support parents and their children in various ways when all family members have readings. Here are some key benefits:

Understanding Family Dynamics

Reveal the karmic ties and soul contracts that influence family relationships. Parents and children can gain insights into their interactions, helping to foster better communication and understanding within the family unit.

Identifying Individual Strengths and Challenges

Each family member has unique gifts and challenges. By exploring the Akashic Records, parents can understand their children's strengths, weaknesses, and soul purposes, allowing for more tailored support and encouragement in their development.

Healing Ancestral Patterns

Uncover inherited traumas or patterns affecting family dynamics. By addressing and healing these issues collectively, families can break cycles of behavior that may be detrimental, leading to healthier interactions and a more harmonious home environment.

Enhancing Emotional Intelligence

Understanding the underlying emotions and motivations behind behaviors can help parents guide their children in developing emotional intelligence. This knowledge fosters empathy, compassion, and effective coping strategies, benefiting the emotional health of the entire family.

Working with Families

Encouraging Personal Growth

Empower each family member to embrace their individual journeys. Parents can support their children's personal growth and self-discovery, while also engaging in their own transformative processes, leading to a more evolved family dynamic.

Creating a Supportive Environment

When parents gain clarity on their own challenges and healing journeys, they can create a nurturing environment for their children. This can include practicing self-compassion and modeling healthy coping mechanisms, which positively influence the children's emotional and psychological development.

Aligning Family Goals and Values

By understanding each member's soul purpose, families can align their goals and values, leading to a more cohesive and supportive family mission. This alignment encourages collaboration and shared aspirations, fostering unity and mutual respect.

Facilitating Open Communication

Insights from the Akashic Records can encourage open discussions about emotions, fears, and aspirations within the family. This creates a safe space for children to express themselves and fosters deeper connections among family members.

Supporting Parenting Styles

Parents can discover how their soul's purpose influences their parenting style and identify ways to adapt their approaches to better support their children's unique needs. This awareness allows for more conscious and intentional parenting.

Promoting Healing Together

Engaging in readings as a family can initiate collective healing processes. Shared experiences can deepen familial bonds, promote compassion, and create a sense of belonging, as each member feels supported in their personal and collective journeys.

I am interested..

01

Donation for an initial Akashic reading and soul alignment healing - **222.00** [\(Book here\)](#)

(includes 90-2hrs reading remotely, 1hr 15min in person or online healing session, Activation blessing for integration)

02

Donation for a specific question Akashic reading and soul alignment healing - **88.00** [\(email me to book\)](#)

(45 min online or in person live reading, only if you have already received an Akashic and soul alignment healing)

03

Family sessions are based on the following:

Adult full reading **222.00**

Child reading of souls blueprint, gifts and specialisations
111.00

[\(email me to book\)](#)

A child's reading under 16 I recommend the first part of an Akashic reading to highlight their souls gifts, specialisations and souls characteristics. This provides you with a beautiful understanding of how you can support them inlign with their souls true being

A portrait of Claire Linturn, a woman with long dark hair, smiling slightly. She is wearing an orange top. The background is a blurred outdoor setting with green foliage and a building in the distance.

Claire
Linturn

To book your session

[Book a session here](#)

or email me claire@masteryourgreatness.com

Healing possibilities: Clinical Hypnotherapy, Advanced Rapid Transformation Therapy, Conversational Hypnotherapy Coaching, Functional Medicine Coaching, Positive Psychology, Trauma Informed Practices, Heart Math Mentor, Spiritual Intuitive and Coach, Energy Medicine, Meditation and Mindfulness Mentor, Reiki Master, Quantum Life Healer